

1. If you have a casualty make them comfortable, try not to panic.
2. Stop the boat, put the throttles/gear levers to neutral (probably upright) or let the sheets go on the sails, they will flap but that is not critical right now and it may get someone's attention.
3. Make sure the boat is not in danger, try not to panic.
4. Check the casualty
5. Do you know where you are? Think about it, the GPS (the map thing) might help, it may have a man overboard button (MOB), if it does, press it and this will capture where you are.
6. The radio may help, it may have a red button marked DISTRESS, if it does, press it. You will need channel 16 to talk to the coastguard or other vessels, look for a button marked 16 or use your mobile phone and dial 911 if you have service but the radio is better.
7. Grasp the microphone, push the transmit button, the springy button close to your thumb and say Mayday, Mayday, Mayday. Good, now everybody is listening.
8. Now say, this is the vessel(boat name)
9. Now say what the problem is.....
10. Release the transmit button and wait for a response, there will be one, probably the coastguard.
11. You need to be able to tell people where you are, look for some numbers on the GPS screen (the map thing) or the radio digital display, that have N and W after them, these are the latitude and longitude coordinates. If you can tell someone where you are, then you are well on the way to rescue.
12. Reading the position is strange, it will appear as 3 numbers the first 2 separated by a little o thing and the second and third by a full point.
13. You read it like this
2 9 degrees 3 3 minutes decimal 129 north
9 4 degrees 5 9 minutes decimal 535 west

If you can do this on channel 16, help is on its way, check the casualty

Now you can do concentrate on your casualty and wait for help.